



# Attitude Adjustment Sailing, LLC EXPEDITION CRUISES





Ancon, Peru

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# WORLDWIDE

Big Island Hawaii



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# CHOICE

We work with you to develop the Expedition Cruise that meets or exceeds your expectations. Owners and their guests are an integral part of the team, sharing in watch duties, cooking and chores. Bring us aboard and prepare for the adventure of a lifetime.

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# Pineapple Express

La Paz, B.C. MX-Oahu, HI-Seattle, WA  
6,030 nautical miles, 63 days at sea

The Owner of a Hallberg-Rassy sailing vessel had intended to sail to the South Pacific until the pandemic ended that dream. He contacted us about returning the boat to Seattle, WA and after some conversation the Owner, an adventurer in every regard, choose to sail to Seattle, WA from La Paz, B.C. Mexico by way of Oahu Hawaii. This more than fulfilled a bucket list item for the Owner.

We have done many such adventures and look forward to working with you to develop the right Coastal or Bluewater Expedition.

We work with the Owner from the pre-planning until we tie-up at the final destination. Our goal is to provide you with the experience of a lifetime.





Bodega Bay, CA



Inside Passage, Alaska

# Motor Vessels

While Bluewater adventures are the purview of Sailing Vessels, and a select few Motor Vessels, options do exist for coastal cruises on adequately outfitted Motor Vessels

Coastal Cruising offers tremendous opportunities for either tropical or higher latitude cruising options. It's always just a question of how far your vessel can travel and often how much fuel you can carry on deck. Options abound for cruises to and from sunny Southern California and the Pacific Northwest, British Columbia, Alaska or possibly plying the waters of Latin America.

Call USA (619) 905-1967

# Sailing Expeditions

Sailing Expeditions are the Everest of the Sea. This is where you put yourself up against Mother Nature and hold on for the ride of your life.

We do everything possible to ensure a safe passage from consulting pilot charts, discussing expected meteorology with experts, and preparing a well thought out plan for the Expedition. The Team generally consists of Captain Mark D. Fife “Captain Mark” and First mate Danny. A third and if necessary fourth crew member are provided if needed based on the size of the vessel and complexity of the rig. Keep in mind that much preparation needs to take place in terms of outfitting a boat for Bluewater passage making.

Many areas are open to exploration based on the type, size, construction, and outfitting of the sailing vessel. Not every boat is capable of making 1500+ nautical mile open ocean passages without making port.

**Call USA (619) 905-1967**



New York, NY



Hayes, VA

# An Expedition Cruise For You

Call today and talk to Captain Mark or his wife Carrie and they will begin the process of getting you one step closer to your dream. Here at Attitude Adjustment Sailing, LLC. we pride ourselves on our service and we want every client to have an outstanding experience. We truly want to help you cross the mighty seas or explore the beauty of the USA, Canada, Mexico, Central and South America, the Caribbean, South Pacific and beyond.

Point Conception, CA



## Bluewater and Coastal Cruising Destinations

- Alaska
- British Columbia
- Washington
- Oregon
- California
- Hawaii
- Pacific Crossings
- Mexico
- Central America
- Ecuador
  - Galapagos Islands
- Peru
- Chili
- Argentina
- Falkland Islands
- Strait of Magellan
  - Cape Horn
- Antarctica
- Brazil
- Caribbean
- Eastern Seaboard
- Nova Scotia
- New Brunswick
- Quebec
- Montreal
- St. Lawrence Seaway
- Greenland
- Iceland
- Ireland
- England
- Scotland
- Baltic States
- Atlantic Crossings
- Mediterranean
- South Pacific
- South East Asia
- Australia
- New Zealand
- Almost Anywhere

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